



# October 2023 Newsletter



## Welcome one and all to the October newsletter 2023!

I can't believe it but I have to report yet another fun packed month! During September, we made autumn wreaths, went on boat trips, visited the pub, had quizzes, did yoga, fitness, gong yoga, bingo, and a trip to the piano club... Oh, and did I forget to mention a great talk about Nailsworth's history and a wonderful visit from the Horsley school children who came and read their books for us, they were lovely! Also, at long last, I have managed to finish everybody's door collage, and if you look directly beneath your collages on each door, I have added the name of your key workers, so if you need anything at all, just speak (or ask to speak) to your key worker.

In October, we have lots more to look forward to, not only a repeat of most of the exciting things mentioned above that we did in September, but a trip from zoo lab on the 2nd, a special group trip on a very large boat with the willow Boat Trust on the 10th, **and** I have some fun things up my sleeve that I have planned for you all on Halloween which is the 31st.

Now that I have finished the door collages, I am back on nail duty, so please ask the girls if you would like me to come and give you a nice manicure, and if you have any special requests for outings or entertainment that you feel would just make your life feel great, don't hesitate to ask me.

Finally, I'm sure you will all join me in congratulating, Liya, as her husband and daughter will be arriving in this country on the 2nd, and she will at last be reunited with her family. So...I think our autumn is on the right track. Very much looking forward to spending it with you all.

Best wishes from myself, Karen, and all the staff here at The Steppes. 😊

