

NEWSLETTER (BREXIT FREE) – APRIL 2019

Happy Easter, It truly is a wonderful time of the year. Hand in hand comes the warmer weather and the emergence of colourful plants, long forgotten. In our little corner of the Nailsworth we are especially looking forward to the wisteria and lilies and hopefully with your help, lots of beautiful flower beds and pots. Please let us know if your happy to help. You won't need to ask twice. We would like to thank the volunteers who have spent many hours around Nailsworth weeding and planting the town's borders and flower beds. It is sure to look amazing in the coming weeks. We are lucky enough to have some of these areas outside The Steppes.

We would like to welcome, Emma, a new member of staff to The Steppes. Emma has had many years experience in care and has achieved her NVQ Level 2. She is also Katie's mum.



Emma and Mo

Congratulations to Paddy and Mo for backing successful horses in the Cheltenham Gold Cup. Non-winners, no need for despair, you have another chance to back a winner with the Grand National Sweep Stake on 6th April.

Quality Control - Thank you for completing the questionnaires. With the majority of these now returned we will shortly be publishing a summary of the results. This summary can be located on the notice boards around the home. Copies are available on request. Also we have attained a very positive inspection report from Gloucestershire County Council further to their visit on 7th March 2019 (copy also on notice board).

Activities - Last months "Silent Disco" was enjoyed by most....unfortunately I didn't hear it. We will organise another one soon for those who missed it. Also, the singer "Marel" had a lovely voice and we hope will come again. Some of the activities this month include a visit by "Ghost the Owl", a trip to the supermarket with the residents of Regency Residential Home and on the 12th April we have the first of our canal boat trips at Saul Junction. All residents, if they wish, will be able to have a lovely day out on Gloucester-Sharpness Canal on one of these trips.

We will continue with favourites, such as, the weekly quiz, Friday afternoons at the pub, ad hoc walks into town and a few games. Steve will continue to be your minibus chauffeur for a few trips around "The Cotswolds". We are again blessed with a couple of visits from the amazing ladies from "Mindsong". The morning exercise sessions continue and we have G-Fitness coming in again. Steve will be around with the shopping trolley on Tuesday's and Thursday's. We hope you all have a lovely month. Best Wishes Kim, Lorraine, Julian and Steve.

(The answers to the questions on March's plan in chronological order-Peter Pan, Ronald Reagan, Bjorn Borg, and Penelope Pitstop. A big thanks to Dave for setting these questions and for the entertaining weekend quiz sheets)

***Share your views at our Residents Meeting on Thursday, 25th April
(Last month 18 residents attended)***