

March 2018 – Newsletter



Photographs from Minchinhampton Common

Hello. Signs of spring- daffodils, snow drops, trumpeting tulips, new born lambs, buzzing bubble bees and.....snow blizzards, gritters and thermals. Never mind, with all the music, dance and fun activities planned for this month we'll soon put the spring in your steps. Just to highlight a few, on the afternoon of 8th March we have the amazing Nailsworth Silver Band visiting. A big thanks to Bill for arranging this. The following week is Cheltenham Festival with The Gold Cup on the Friday.....good luck in our sweep stake. On the 20th March we have a trip to the Half Way Inn on Minchinhampton Common to have a spot of lunch and take in the beautiful views. Also, this month we will be re-starting "The Gardening Club". This will be with the help of the "new" gardener, Richard (retired as Handyman from The Steppes last year) and the "new" handyman, Steve (back with a new knee). Let us know if you'd be interested-no experience required.

We will of course continue with favourites such as the weekly quiz, Friday afternoons at the pub and a few games. This month again we have a couple of visits from the ladies from "Mindsong". We can't emphasise how grateful we are to "Mindsong" for their visits and the joy it brings. Anyone who has yet to join in with these wonderful afternoons we implore you to make the effort next time. The morning exercise sessions continue and we have G-Fitness coming in again. Remember if you would like to borrow one of our iPads, at any time, please don't hesitate to ask. Alternatively, one of us will be bringing them around with the shopping trolley on Tuesday's and Friday's. We hope you all have a lovely month. Best Wishes, Kim and Lorraine

Other Dates for your Diary

- > Sunday, 11th March – Happy Mothering Sunday
- > Friday, 16th March – Cheltenham Gold Cup
- > Saturday, 17th March – St Patrick's Day
- > Friday, 30th March – Good Friday

Your Comments for future activities.....

GUESS WHO's 30

