

# February 2024 Newsletter



Welcome to February's newsletter one and all, and although we thought we might be taking the foot off the gas a little during January, it turns out we had too many fun activities to do!

We visited the pantomime (oh no, you didn't... Oh yes, we did!) We had a wonderful shell painting workshop, and lots of shells were painted by our residents in their rooms too. We had walks in the sunshine... Yes, shocking, I know, but it really was sunny! We had a visit from Candy, the fluffy Japanese Spitz dog (oh, and she brought her owner with her, Tracy... Thanks so much, Tracy), and of course, all our usual activities like Mindsong, (thanks ladies, & Barry) We had Theresa who came and did yoga and Martha who came to do the fitness every week, we really are very appreciative to everyone who comes to lead group activities for us.

February is shaping up very nicely also, with our favourites and a few extras thrown in. We will now have communion on the first Wednesday of every month thanks to the Reverend Caroline Bland. This month, of course, we have Valentine's Day on the 14th, when Norma will be coming to play some beautiful Italian love songs for you all, and I'm going to organise some love themed games...hmmm 😊 that is certainly going to be a challenge... But definitely one, I'm up for! Mel and his Piano will be here with us on the 12th, the Moonlighting Duo will be back by popular demand on the 19th, and towards the end of the month we will take a visit to the Tetbury Goods Shed for the Piano club on Wednesday the 28th. Lastly, if anybody would like newspapers delivered, or to join the local library, please let me know. Oh, and ladies, I have a new selection of nail varnish colours, and sparkles, (see below), so if you would like a new fancy manicure, you have only to ask. Look forward to spending another packed month with you all.

Best wishes from Karen and all the staff at The Steppes Residential Care Home. 😊

