

November 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

					
walks 5	jigsaw Puzzle 6	11am G fitness 1pm Trip 7	2pm Chair Yoga 9	2pm 2pm 10	11am Gong4 Yoga 11
movie & popcorn 12	walks 13	2pm Tracy & Dog Ebony 15	2pm Mind song 16	2pm Pub 17	movie & popcorn 18
19	Word search And Puzzles 20	11am G fitness 2pm Annie Sings 21	2pm Chair Yoga 23	2pm Quiz 24	Word search And Puzzles 25
walks 26	movie & popcorn 27	1.30 departure Piano Club Trip 29	2pm Mind song 30		

