

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st 2pm MOVIE MATINEE 	2nd 2pm Afternoon at the Races 	3rd 2pm Quiz WARM UP Q The leaves below are Oak, Ash, Maple and Beech....but which is which? 	4th 10am Creative Age Dementia Café / 2pm Arts and Crafts with Lorraine 	5th Drinks at the local pub chatting about The Ryder Cup in France with Steve 	6th Puzzles 	7th 11am Singers "Ella and Bryony" 
8th 2pm Learn to play the Harp with Ellie 	9th 11am G-FITNESS 2pm Chit-Chat with Lorraine and Steve 	10th 2pm Quiz 	11th 2pm Mindsong singalong choir are back "This is the best activity ever" 10am Creative Age 	12th 10am Trip to Westonbirt Arboretum in our New Bus 	13th Dingbat Competition Try this one... BLOOD WATER 	14th ♥ Lets go to town 
15th 10.30am Trip to Supermarket in our New Bus 	16th 2pm Games with Lorraine and Steve / Fish and Chip supper 	17th 2pm Quiz 	18th 2pm Country and Western Singer 	19th 2pm Drinks at the local pub. Come up with some ideas for trips in our new bus 	20th Puzzles 	21st Music, singing and exercises/ Walk into town 
22nd 2pm  with Steve	23rd 2pm Lorraine and cute dogs 	24th 2pm Quiz 	25th 2pm We are very privileged to welcome back the lovely ladies from Mind Song 	26th 11.30am Residents Meeting 2pm Drinks at the local pub with Steve 	27th ♥ Dingbat Competition Try this one... DANED 	28th ♥ Lets go to town 
29th 2pm Jenga Jenga 	30th 2pm Halloween Fun Party 	31st 2pm Quiz 	 BONFIRE NIGHT 			

Remember that we have the Exercise Class every morning with Steve at 11am in the Main House and 11.30am in The Lodge

Before and after our main activity, the following are available

Monday
Nail care

Tuesday
Walks

Wednesday
Reading

Thursday
Games

Friday
Shopping

Every Tuesday and Thursday we will be around with the shopping trolley