

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>AUGUST IS LIKE THE SUNDAY OF SUMMER.</p>		<p>Quiz-every Wednesday, 2pm WARM UP Q Name the pieces of art and the artist below?</p> 	<p>1st Lorraine/Steve 2pm The lovely ladies from Mindsong</p> 	<p>2nd  2pm Steve <i>Come and join us at the pub, maybe discussing The Ashes.</i></p>	<p>3rd Dave's Quiz WIN PRIZES!</p>	<p>4th Manicures  FA Community Shield</p>
<p>5th 2pm Steve Coaley Peak trip</p> 	<p>6th 2pm Steve's Gardening Club  2pm Lorraine and cute dogs</p>	<p>7th  2pm Quiz</p>	<p>8th 10.30am Milly/Steve Jet Age Museum and picnic 2pm Walks</p>	<p>9th  2pm Steve <i>Come and join us at the pub, chatting about the Football Premier League....maybe</i></p>	<p>10th Crossword Competition  WIN PRIZES!</p>	<p>11th 2-4pm Annual Garden Party </p>
<p>12th 2pm Steve Marel Lewis Musician</p> 	<p>13th  11am G-Fitness 2pm Steve outdoor games or Chit Chat with Lorraine</p>	<p>14th 2pm Quiz </p>	<p>15th Lorraine/Steve 2pm Mindsong "This is the best activity ever"</p>	<p>16th  2pm Steve <i>Come and join us at the pub, chatting about The Garden Party</i></p>	<p>17th 11am Gong Relaxation  Games with Callie</p>	<p>18th Crossword Competition </p>
<p>19th 1pm Steve Sailing with Boat Mobility</p> 	<p>20th 2pm Steve - Bingo 2pm Walks for coffee with Lorraine</p>	<p>21st 2pm Quiz </p>	<p>22nd 2pm Steve's Gardening Club  2pm Lorraine and cute dogs</p>	<p>23rd  2pm Steve <i>Come and join us at the pub for a chat-no sport or politics.</i></p>	<p>24th Dave's Quiz WIN PRIZES!</p>	<p>25th 11am Singers "Ella and Bryony" </p>
<p>26th Bank Holiday Ice Creams </p>	<p>27th 2pm Crafts 2pm Steve/Milly Trip to Aviator Café</p>	<p>28th 2pm Quiz </p>	<p>29th Lorraine/Steve 2pm The lovely ladies from Mindsong</p>	<p>30th  2pm Steve <i>Come and join us at the pub for a chat or quiet contemplation</i></p>	<p>31st Wordsearch Competition WIN PRIZES!</p>	

Remember that we have the Exercise Class every morning with Steve at 11am in the Main House and 11.30am in The Lodge

Before and after our main activity, the following are available

Monday
Nail care

Tuesday
Walks

Wednesday
Reading

Thursday
Games

Friday
Shopping

Every Tuesday and Thursday we will be around with the shopping trolley