

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st 2pm Steve Boat Mobility 	2nd 2pm Lorraine Arts and Crafts 2pm Steve - Outdoor Games 8pm Women's World Cup - Eng v USA	3rd 2pm Quiz WARM UP Q Name the Wimbledon Champions below?	4th Lorraine/Steve 2pm The lovely ladies from Mindsong	5th 2pm Steve <i>Come and join us at the pub, discussing tennis maybe.</i> 	6th Wordsearch Competition  Nails with Callie	7th Crossword Competition  Women's World Cup Final
8th 2pm Steve Coaley Peak trip 	9th 2pm Steve's Gardening Club  2pm Lorraine and cute dogs	10th 2pm Quiz 	11th Lorraine/Steve Afternoon in the garden with Strawberries and Pimms Game, Set, Match!	12th Wimbledon- <i>Come and join us at the pub, maybe chatting about cricket</i>	13th Ladies Final Dave's Quiz WIN PRIZES!	14th Men's Final Singers "Ella and Bryony" CRICKET WORLD CUP FINAL
15th 2pm Kim/Steve  Silent Disco	16th Lorraine/Steve HARP WORKSHOP 11am G.Fitness	17th 2pm Quiz 	18th Lorraine/Steve 2pm Mindsong "This is the best activity ever"	19th 2pm Steve <i>Come and join us at the pub, chatting politics maybe</i> 	20th Wordsearch Competition WIN PRIZES! Board games with Callie	21st Crossword Competition 
22nd 2pm Steve Drinks at Jolly Nice 	23rd 2pm Steve - Bingo 2pm Walks for coffee with Lorraine	24th 2pm Quiz 	25th 2pm Steve's Gardening Club  2pm Lorraine and cute dogs	26th 2pm Steve <i>Come and join us at the pub for a chat-no sport or politics.</i> 	27th 11am Gong Relaxation 	28th Dave's Quiz WIN PRIZES!
29th 2pm Steve Winstons Ice Creams	30th 2pm Lorraine Flower arranging 2pm Steve Dominoes	31st 2pm Quiz More  (Answers next month)				

Remember that we have the Exercise Class every morning with Steve at 11am in the Main House and 11.30am in The Lodge

Before and after our main activity, the following are available

Monday
Nail care

Tuesday
Walks

Wednesday
Reading

Thursday
Games

Friday
Shopping

Every Tuesday and Thursday we will be around with the shopping trolley