

# April 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2  
jigsaw  
Puzzle

3  
walks

4  
11:30 Gfitness  
12:30pm trip

5  
2pm Tracy  
& Dog  
Ebony

6  
2pm  
mindsong

7  
2pm  
Social  
Club

8  
walks

9  
Easter  
Sunday

10  
movie &  
popcorn

11  
11:30  
Gfitness

12  
2pm  
BINGO

13  
2pm  
Chair  
yoga

14  
2pm  
Quiz

15  
11am  
Gong  
Yoga

16  
movie &  
popcorn

17  
jigsaw  
Puzzle

18  
11:30 Gfitness  
12:30pm trip

19  
2pm Karen  
& Mark

20  
2pm  
mindsong

21  
2pm  
Social  
Club

22  
The Digital  
Rainbow

23  
Word  
search  
And  
Puzzles

24  
walks

25  
11:30 Gfitness  
12:30pm trip

26  
Italian Day-  
ft. Norma

27  
2pm  
Chair  
yoga

28  
2pm  
Quiz

29  
jigsaw  
Puzzle

30  
walks

