

February 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

  4	  5	  11am G fitness 1pm Trip 6	 11am Holy Communion 2pm BINGO 7	1 2pm Chair Yoga 8 2pm Mindsong 15 2pm Chair Yoga 22 2pm Mindsong 29 2pm Chair Yoga	2 2pm Quiz 5pm Sebi  9 2pm Pub  5pm Sebi  11am violin group(TBC) 2pm Quiz 5pm Sebi  23 2pm Pub  5pm Sebi 	3 11am Gong Yoga  10 walks  17 Word search And Puzzles  24 walks 
 Word search And Puzzles 11 walks 18 movie & popcorn  25	 26 2pm Moonlighting Duo  27 11am G fitness 2pm BINGO	 11am G fitness 1pm Trip 20 11am G fitness 1pm Trip 21 2pm Tracy & Dog Ebony 	14 Valentines Day [2pm Norma]  28 1 pm Piano Club Trip 	16 11am violin group(TBC) 2pm Quiz 5pm Sebi  23 2pm Pub  5pm Sebi 	10 walks  17 Word search And Puzzles  24 walks 	