

FEBRUARY 2023

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|---|---|
|  <p>Cupid</p> <p>29</p> |  <p>Heart</p> <p>30</p> |  <p>Angel</p> <p>31</p> | <p>2pm</p>  <p>BINGO</p> <p>1</p> |  <p>2pm Chair yoga</p> <p>2</p> |  <p>2pm Quiz</p> <p>3</p> |  <p>Movie & Popcorn</p> <p>4</p> |
|  <p>jigsaw Puzzle</p> <p>5</p> |  <p>The Digital Rainbow</p> <p>6</p> |  <p>11:30 Gfitness 12:30 pm trip</p> <p>7</p> | <p>2pm</p>  <p>Mel & Piano</p> <p>8</p> |  <p>2pm mindsong</p> <p>9</p> | <p>2pm</p>  <p>Social Club</p> <p>10</p> | <p>walks</p>  <p>11</p> |
|  <p>Movie & Popcorn</p> <p>12</p> |  <p>Word search And Puzzles</p> <p>13</p> |  <p>11:30 Gfitness 12:30 pm trip</p> <p>14</p> | <p>2pm Tracy & Dog Candy to visit</p> <p>15</p> |  <p>2pm Chair yoga</p> <p>16</p> |  <p>2pm Quiz</p> <p>17</p> | <p>11am Gong Yoga</p>  <p>18</p> |
| <p>walks</p>  <p>19</p> |  <p>Movie & Popcorn</p> <p>20</p> |  <p>11:30 Gfitness 12:30 pm trip</p> <p>21</p> | <p>2pm</p>  <p>Norma Entertains</p> <p>22</p> |  <p>2pm mindsong</p> <p>23</p> | <p>2pm</p>  <p>Social Club</p> <p>24</p> | <p>walks</p>  <p>25</p> |
|  <p>Word search And Puzzles</p> <p>26</p> |  <p>The Digital Rainbow</p> <p>27</p> |  <p>11:30 Gfitness 12:30 pm trip</p> <p>28</p> | <p>Admire</p>  <p>1</p> | <p>Family</p>  <p>2</p> | <p>Flowers</p>  <p>3</p> | <p>Appreciation</p>  <p>4</p> <p><i>Homemade</i> GIFTS MADE EASY</p> |

Holiday observances: 14: Valentine's Day, 21: Pancake Day