

# January 2024



SUN	MON	TUE	WED	THU	FRI	SAT
<p>7 I P A D</p> <p>walks 14</p> <p>jigsaw puzzle 21</p> <p>walks 28</p>	<p>1 Movie &amp; popcorn</p> <p>8 WORD SEARCH PUZZLES</p> <p>2 pm 15 Mel &amp; Piano</p> <p>11am G fitness 1pm Trip</p> <p>11am G fitness 1pm Trip</p> <p>1 11am G fitness 2pm</p>	<p>2 BINGO</p> <p>9 11am G fitness 1pm Trip</p> <p>2 2pm Norma entertains</p> <p>3 1pm trip</p> <p>2pm BINGO</p>	<p>3 1pm trip</p> <p>10 Emma And Art-session</p> <p>24 1pm trip</p> <p>25 2pm Mindsong</p> <p>26 2pm Pub</p>	<p>4 2pm Chair Yoga</p> <p>11 2pm Mindsong</p> <p>18 2pm Chair Yoga</p> <p>19 2pm Pub</p> <p>27 WORD SEARCH PUZZLES</p>	<p>5 QUIZ ?</p> <p>12 2pm Pub</p> <p>19 QUIZ ?</p> <p>20 11am Gong Yoga</p>	<p>6 walks</p> <p>13 I P A D</p> <p>20 11am Gong Yoga</p>