NEWSLETTER (BREXIT FREE) - AUGUST 2019

With the departure of Rachael, who was our joint deputy manager, we have had a slight restructure of senior staff. Captain Mainwaring is obviously still in charge (centre of photo),

Kim is deputy manager (left of the Captain), Emma Moseley (right of the Captain) is Head Senior and Sophie, Lisa and Mandy are our seniors. All are very caring, lovely and experienced as are the rest of the Home Guard.

Birthdays-CONGRATULATIONS to Win who celebrated her 100th birthday in July and received her telegram from the Queen. Congratulations also to Milly who



is 21 on 5th August. Milly is working at The Steppes in her summer break from university where she is training to be a nurse.

Activities – July was a great month at The Steppes, full of fun activities, including a "Harp workshop", a "Silent Disco", a "boat trip", lots of Pimms and much more. Outside of The Steppes things were happening too with England's thrilling win over New Zealand to win the Cricket World Cup and the appointment of Boris Johnson as UK's new Prime Minister. We will try to make August just as interesting. No World Cups (although The Ashes starts) and probably not a new PM, but we do have another boat trip and a trip to The Jet Age Museum and picnic. We have Marel Lewis coming again with his keyboard and we do have The Steppes Annual Garden Party. Everyone is invited, residents, family and friends, staff, volunteers...even CQC. We will have food, drink, entertainment, games, raffles etc. Also at the party we will hopefully also be introducing you to a couple of new residents of The Steppes.

We will continue with activities, such as, the weekly quiz, Friday afternoons at the pub, ad hoc walks into town and a few games. We are again blessed with several visits from the amazing ladies from "Mindsong". The morning exercise sessions continue and we have G-Fitness coming in again. Steve will be cruising around the Cotswolds doing trips to different beauty spots, often stopping off for refreshments. We will be around with the shopping trolley on Tuesday's and Thursday's. We hope you all have a lovely month. Best Wishes Kim, Lorraine, Julian and Steve.

(The answers to the questions on July's plan in chronological order-John McEnroe, Steffi Graf, Rafael Nadal, Roger Federer, Bjorn Borg, Serena Williams and Boris Becker. A big thanks to Dave for the entertaining quiz sheets)

At A Glance

- 1st August-First Ashes Test
- 9th August, 7.45pm-First Premiership Game of 2019/2020 season (ynwa)
- 11th August, 2pm-4pm-The Steppes Annual Garden Party
- 14th August-Second Ashes Test
- 22nd August-Third Ashes Test

(ps – accurate photographs of all the staff will be distributed shortly. The photograph above has Kim and Emma superimposed)