

NEWSLETTER (BREXIT FREE) – JULY 2019

We hope you are well and enjoying this marvellous weather. Although we all love a bit of sunshine it is advisable to take a few precautions eg Drink fluids regularly (not just Pimms), keep cool, wear light clothing, use sun cream and wear a hat.

Staff

We are very sad to report that Rachael has decided to leave The Steppes for pastures new. Rachael started in 2004 and during those years has endeared herself to staff and residents alike. We will all miss her and wish her good luck for the future. And hopefully she will pop in sometime for a cup of tea or a glass of Pimms.

We have recently recruited a couple of new members of staff, Caroline and Lauren. Lovely Caroline has been working at The Steppes for a few weeks now and has settled in very well. Lauren, who has friends at The Steppes and is very experienced, will be starting at the end of July and we welcome them both. Hopefully they both like a spot of Pimms.



Caroline



Lauren

With Wimbledon commencing on 1st July, tennis fans have their fingers crossed for an open, exciting Championship before Novak Djokovic and Serena Williams win the singles and Woodbridge/Woodforde win the doubles. Whatever happens at SW19, at GL6 ODB you will be served with strawberries and Pimms (or deuce) by our ace staff on 11th July (actually any day can be a Pimms day). Non tennis lovers are also invited provided they don't cause a racket.

Activities – June was a great month full of fun activities including the lovely pub meal on 25th June at The Britannia Inn (see photographs on the notice boards). Thanks to everyone who helped. We have lots of fun planned again this month. The boat mobility trip on 1st July, the silent disco on 15th July and the Harp Workshop 16th July to highlight a few favourites. *We will continue with activities, such as, the weekly quiz, Friday afternoons at the pub, ad hoc walks into town and a few games. We are again blessed with a couple of visits from the amazing ladies from "Mindsong". The morning exercise sessions continue and we have G-Fitness coming in again. Steve will be cruising around the Cotswolds doing trips to different beauty spots, often stopping off for refreshments. We will be around with the shopping trolley on Tuesday's and Thursday's. We hope you all have a lovely month. Best Wishes Kim, Lorraine, Julian and Steve.*

(The answers to the questions on June's plan in chronological order-Judy Garland, Marilyn Monroe, Paul McCartney, Nicole Kidman, Lionel Ritchie and Lionel Messi. A big thanks to Dave for the entertaining weekend quiz sheets)

At A Glance

- 2nd July, 8pm – England v USA (Women's World Cup Semi-final)
- 7th July, 4pm – Women's World Cup Final
- 13th July – Ladies Singles Wimbledon Final
- 14th July – Men's Singles Wimbledon Final /Cricket World Cup Final
- 22nd July – Result of Conservative Party leadership election