<u>February 2018 - Newsletter</u>

The redecoration of the downstairs hallways is progressing nicely. The walls are being replastered as I type and will therefore be ready for a first coat of paint very soon. Sorry for any inconvenience caused during these works. I'm glad to say there are no more major disruptions planned, just the usual minor ones. The introduction of the new lanyard name badges seems to be working well (nobody has lost theirs yet) Along with the member of staff's name, there is a photograph as well as contact details of the home.

Staffing

Good news and sad news. By the end of February we should see the return of Steve, the handyman, after his knee operation. Although Steve has been coming down to The Steppes regularly on Wednesday's to help host the quiz, he is keen to get back and crack on with fixing and painting stuff. This is the good news. The sad news is Maricar has left The Steppes to follow her dreams and become a nurse or to try and win the X-Factor. Our thanks go out to Maricar for being a wonderful carer and we will miss her.

Activities News

Hello. It may be a short month, but we still have lots of activities planned (see overleaf). Just to highlight a few, on the morning of 6th February be prepared to be pampered by Emma and Karen and then later that day, making his debut, we will be entertained by the exceptional, Ian Oliver, a singing sensation. We have a couple of trips out planned. One to the Halfway Inn on Minchinhampton Common and another to "The Soldiers of Gloucester" Museum. We will of course continue with favourites such as the weekly quiz, Friday afternoons at the pub and a couple of games of bingo. The morning exercise sessions continue and we have G-Fitness coming in again. We are going to continue promoting the healthy start we made in January with lots of healthy eating and plenty of exercise. Nibbles at "The Midweek Quiz" and other events will continue to be a variety of fruit and healthy foods.

Remember if you would like to borrow one of our iPads, at any time, please don't hesitate to ask. Alternatively, one of us will be bringing them around with the shopping trolley on Tuesday's and Friday's. We hope you all have a lovely month. Best Wishes, Kim and Lorraine

Other Dates for your Diary

- > Weds, 14th February 12.30 to 2.30pm Valentine's Party
- > Tues, 20th February Share your thoughts with Sue the cook
- > Tues, 20^{th} February -2pm -Trip to "The Soldiers of Gloucester" Museum
- > Tues, 27th February 2pm Trip to The Halfway Inn on the Common

Your Comments for future activities	
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