

























# December 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>2pm Quiz-Every Wednesday</b> WARM UP Q The small actresses below play sisters in the remake of which classic film ?				<b>1st</b> Christmas Quizzes/Films
<b>2nd</b> 2pm Christmas Silent Disco 	<b>3rd</b> 11am G-Fitness 2pm Steve-Garden Centre for Christmas Shopping 2pm Chit Chat with Lorraine	<b>4th</b> 	<b>5th</b> 2pm Mindsong singalong choir are back ..... <i>"This is the best activity ever"</i>	<b>6th</b> 2pm Drinks at the local pub having a chat about the Nailsworth Noel celebrations 	<b>7th</b> Movie matinee with Soph Christmas Anagrams Try this one... ASCLRO 	<b>8th</b> Christmas Wreath Making with Sophie
<b>9th</b> 2pm It's not Christmas without "A Day at the Races" 	<b>10th</b> 2pm Steve-Christmas Shopping at Sainsburys Lorraine-Decorating the TREE	<b>11th</b> 	<b>12th</b> General Election 2PM NAILSWORTH BRASS BAND	<b>13th</b> 2pm Off to the Local to forget about politics	<b>14th</b> DAVE'S QUIZ 	<b>15th</b> Word Search/Crosswords. 
<b>16th</b> 2pm Christmas Wreath Making 	<b>17th</b> 2pm CHRISTMAS PANTO 	<b>18th</b>  2pm Trip to Nativity Play	<b>19th</b> 2pm The lovely ladies from Mind Song 	<b>20th</b> 2pm Pub 5.30pm Staff Christmas Carols 	<b>21st</b> Time for beautiful Nails & Toes 	<b>22nd</b> Movie matinee with Soph Christmas Anagrams Try this one... NESTIL
<b>23rd</b> 2pm KIM'S SURPRIZE CHRISTMAS QUIZ	<b>24th</b> 2pm Christmas Eve drinks with staff at the Pub 	<b>25th</b>  MERRY CHRISTMAS	<b>26th</b> 2pm Mystery activities with Jo, Painting with Milly 	<b>27th</b> 2pm To be honest I'm not sure what's going on today. I don't think many people do. So activity TBC	<b>28th</b> Puzzles/ 11am Gong relaxation 	<b>29th</b> DAVE'S QUIZ 
<b>30th</b> 		<b>31st</b>	<b>NEW YEAR'S EVE</b>			

**Remember that we have the Exercise Class every morning with Steve at 11am in the Main House and 11.30am in The Lodge**

Before and after our main activity, the following are available

Monday	Tuesday	Wednesday	Thursday	Friday
Nail care	Walks	Reading	Games	Shopping

Every Tuesday and Thursday we will be around with the shopping trolley

