

# October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
<p>30th Sept</p> <p>2pm Willow Boat Trip</p> 	<p><b>1st</b></p> <p>2pm Steve Skinnley Musical Extravaganza</p>	<p><b>2nd</b></p> <p>Quiz every Weds Can you name the mouth-watering cakes below?</p> 	<p><b>3rd</b></p> <p>2pm Steve Mystery Tour</p> 	<p><b>4th</b></p> <p>2pm Steve Come and join us at the pub, chatting about England's Rugby match tomorrow</p> 	<p><b>5th</b></p> <p>Dave's Quiz</p> <p><b>WIN PRIZES!</b></p> 	<p><b>6th</b></p> <p>Crossword Competition</p> 		
<p><b>7th</b></p> <p>2pm Slimbridge Wetlands Centre</p> 	<p><b>8th</b></p> <p>11am G-Fitness 2pm Kim/Lorraine-Trip to The Halfway Café 2pm Meet THE TWO RONNIES</p>	<p><b>9th</b></p> <p>2pm Quiz</p> 	<p><b>10th</b></p> <p>Steve 2pm The lovely ladies from Mindsong</p>	<p><b>11th</b></p> <p>2pm Steve Come and join us at the pub, chatting about climate change.</p> 	<p><b>12th</b></p> <p>PM-Movie Matinee with Sophie</p> <p>Nail Care and Manicures</p>	<p><b>13th</b></p> <p>Dinbats...try this one</p> <p><b>Polimunce</b></p> <p>11am Singers "Ella and Bryony"</p>		
<p><b>14th</b></p> <p>1pm Steve Sailing with Boat Mobility</p> 	<p><b>15th</b></p> <p>2pm Steve Trip to Westonbirt Arboretum</p> 	<p><b>16th</b></p> <p>2pm Quiz</p>  <p>11am Resident's Meeting</p>	<p><b>17th</b></p> <p>2pm Minibus 2pm Cute Dogs 5pm Buffet Supper Evening</p>	<p><b>18th</b></p> <p>2pm Steve Come and join us at the pub.</p> <p><b>KEEP CALM THERE'S A STAFF MEETING</b></p> 	<p><b>19th</b></p> <p>Dave's Quiz</p> <p><b>WIN PRIZES!</b></p> 	<p><b>20th</b></p> <p>Wordsearch/ Dominoes Competition</p> 		
<p><b>21st</b></p> <p>2pm Steve</p> 	<p><b>22nd</b></p> <p>2pm Steve-MacDonald's Drive Thru</p> <p>2pm Chit Chat with Lorraine</p> 	<p><b>23rd</b></p> <p>2pm Quiz</p> 	<p><b>24th</b></p> <p>Steve 2pm Mindsong "This is the best activity ever"</p> 	<p><b>25th</b></p> <p>2pm Steve Come and join us at the pub for a chat-no sport or politics.</p> 	<p><b>26th</b></p> <p>11am Gong Relaxation</p> <p>PM- Movie Matinee with Sophie</p> 	<p><b>27th</b></p> <p>Crossword Competition</p> 		
<p><b>28th</b></p> <p>2pm Steve Pumpkin Carving</p> 	<p><b>29th</b></p> <p>2pm Steve</p> <p><b>ZOC LAB HALLOWEEN SPECIAL</b></p>	<p><b>30th</b></p> <p>2pm Quiz</p> <p>Good Luck</p> 	<p><b>31st</b></p> <p>2pm Lorraine and "not very scary" dogs</p> <p><b>HAPPY HALLOWEEN!</b></p>	 <p><b>BONFIRE NIGHT</b></p> <p style="text-align: right; color: white; font-weight: bold;">COMING SOON</p>				

Remember that we have the Exercise Class every morning with Steve at 11am in the Main House and 11.30am in The Lodge

Before and after our main activity, the following are available

**Monday**  
Nail care

**Tuesday**  
Walks

**Wednesday**  
Reading

**Thursday**  
Games

**Friday**  
Shopping

Every Tuesday and Thursday we will be around with the shopping trolley