

April 2018

WHAT'S ON

Remember that we have the Exercise Class every morning with Kim at 11am in the main house and 11.30am in The Lodge

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30th April						1st April
2pm Outside for a game of "Boules or Petanque" I call it Bowles		STARTER FOR 10 What name is given to the baby animals below?				11am Pole Dancing with "Suzanne"
2nd	3rd	4th 	5th	6th	7th	8th
 11am Gong Relaxation 2pm Monday Movie Matinee	2pm Shopping trip with Lorraine 	2pm The Quiz 	2pm Games, Cards and Dominoes 	2pm Drinks at the local pub chatting about funny stories 	Puzzle Competition 	2pm Music, singing and exercises/ Walk into town with Charlotte 
9th	10th	11th 	12th	13th	14th	15th 
2pm An outing to Berkeley Castle and butterfly house 	2pm Ten Pin Bowling 	2pm The Quiz  Our ch**ks should hatch today	9.30am BOAT TRIP 2pm "Mindsong" (Amberley Ladies Choir) <i>Come and sing along</i>	2pm "Afternoon at the Races" 	5.15pm Grand National and Sweep Stake 	2pm Lets go to town 
16th	17th	18th	19th	20th	21st	22nd
2pm Dancing with Rachael and Kim. 	2pm Lorraine and cute dogs 	2pm The Quiz 	2pm Trip to Halfway Café on Minchinhampton Common 	2pm Drinks at the local pub chatting about Nailsworth's history 	Puzzle Competition 	2pm Music, singing and exercises/ Walk into town with Charlotte 
23rd	24th	25th	26th	27th	28th	29th
2pm St George's Day 	11am G-FITNESS 2pm Chit-Chat with Lorraine	2pm The Quiz 	2pm The lovely Mindsong are back 5pm Dinner party including Indian Buffet	11.30am Residents meeting 2pm Drinks at the local pub 	Puzzle Competition 	2pm Lets go to town 
Before and after our main activity, the following are available					Every Tuesday and Friday we will be around with his shopping trolley	
Monday	Tuesday	Wednesday	Thursday	Friday		
Nail care	Walks	Reading	Games	Shopping		

WE HOPE YOU ENJOY THIS MONTH'S ACTIVITIES